

Day	Date	Time	Miles	Up (m)	Grade	Where		Description
						GR	Notes	
Sat	Oct 10	11.00	8.5	180	C	NT 1421 9462	KY4 0AL North end of Kelty Primary School, by the Community Centre bus stop. Ask the leader if you need advice about travel.	Kelty - Dunfermline Into Blairadam Forest to the B914. Across into St Ninians, whence to Loch Fitty and Kingsseat. A short section of road, then past Beath Hill, along Pleasance Road and Queen Margaret Fould to Whitefield Road and a cycle track into Dunfermline. Paths and tracks and some pavement, mostly following The Fife Pilgrim Way. Note that this is a <i>linear</i> walk.
Sat	Oct 24	10.30	10	200	C	NT 0855 8721 -3.470573	KY12 8AP The main entrance of the Glen Pavillion, Dunfermline. ///flying,gifted,pizza Free parking in Pittencrieff Park on Pittencrieff Street opposite the Glen Tavern (///trying ample,pocket). Also free street parking on side streets off William Street (A907).	Dunfermline, Charlestown & Limekilns A mile of pavement then on tracks and paths. Partly on the Fife Pilgrim Way and the Fife Coastal Path. Flat, no barriers to climb.
Sat	Oct 31	10.30	8	100	C	NT 1385 7796 -3.3824260	EH7 9SX Dalmeny Railway Station entrance. ///fizzled,sweep,stickler	Dalmeny, Dundas Estate & South Queensferry Along a disused railway south to Almondhill, then to Dundas Estate, Queensferry Crossing and South Queensferry. Disused railway to return to the start. Mostly flat easy walk, some steps.
Sun	Nov 01	10.00	7.5	170	C	NN 8952 0880 -3.785053	PH4 1QF Moray Street, Blackford (by the war memorial).	Blackford to Gleneagles Along Blackford Main Street crossing the railway line and up to the old church. Following gravel & woodland paths to Gleneagles golf course, with good views over the course and the Hotel (be aware golf likely to be in progress). Take the underpass to view to golfing 'Heroes' and then into the Hotel grounds. Returning to Blackford on signed path through woods and along quiet road before crossing railway again and along the burn to Main street.
Sat	Nov 07	10.00	9.5	140	C	NT 0528 8493 -3.522185	KY12 8IU Layby on the north side of the A985 at Crombie.	Three Cs by Dunfermline The countryside to the west of Scotland's newest city (Dunfermline), passing through Crombie, Cairney Hill and Crossford. Mainly tracks, with a bit of pavement/cycle track beside road.
Tue	Nov 10	10.00	9	470	B+	NN 9446 0458 -3.7036389	FK14 7JZ Small layby 1/2 mile along the track to Frandy Fishery from the A823 Glendevon to Gleneagles road. ///dock,quite,embedded	Glendevon Hills A steady ascent to Skyhorn Hill then a 2 mile return on tarmac road. Good views.
Sat	Nov 14	10.30	6.5	200	C	NO 2242 0351 -3.2525457	KY6 3HR Holl Reservoir car park. ///crank,climber,tits	Lomond Hills Reservoirs & Harperleas Wood Circuit round three reservoirs and through Harperleas Wood. Good paths and tracks and a little quiet road walking. It can be muddy in the woods.
Sat	Nov 21	10.30	7	100	C	NT 1856 7514 -3.3061141	EH4 6BU Scotnird Co-op, 187 Whitehouse Road, Barmton. Free on-street parking in Braehead Road & surrounding streets. ///cheer,comet,cones	Barmton - Corstorphine Hill - The Gyle Through Barmton Polices Park, Davidson's Mains Park, and up Corstorphine Hill to the Rest And Be Thankfu viewpoint. Down the hill to a disused railway line from Balgreen to Corstorphine Village then through Gyle Park to The Gyle Shopping Centre. Return to Barmton by (hourly) bus 32. Two flights of steps plus reasonably steep ascent and descent of Corstorphine Hill, but otherwise flat. Good views from the hill on a good day.
Tue	Nov 24	10.00	9.5	110	C	NS 8986 8785 -3.70908	FK2 8LN Car park on The Wilderness, Airth. ///curl,pricng,escapades	Countryside from Airth To Dunmore Wood and Dunmore Park, through Dunmore village and return to Airth via The Pineapple. The final 4 miles include a section along the Firth of Forth embankment.
Sat	Nov 28	10.00	12	530	B+	NO 2011 1728 -3.293891	KY14 6EW Jamesfield Garden Centre car park. ///deeper,occupations,sand	Jamesfield - Castletlaw - Pitmedden Taking in the Tay flood plain, Castle Law, Pitmedden forest and Lochmill Hill. Tracks, paths and two short stretches of road & pavement walking. Great views over the Tay descending Lochmill Hill.

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Wed	Dec 02	10.00	9	270	C	NS 8974 7951 -3.7693401	FK1 1TQ Car park on Seaton Place, Callendar Park, Falkirk (free). ///swing,wants,spark	Callendar Estates To and along the Union Canal path to Tamfourhill, then woods and farm tracks to the Cleuch Plantation, Views over Grangemouth and the Ochils. Return via Mavisbank Wood and Callendar House in the park (refreshments available). Tracks, woodland paths, some tarmac.
Sat	Dec 12	10.30	7	200	B	NO 1882 1412 -3.313862	PH2 9LT The west Pitmedden car park, on the Hill Road between Strathmiglo and Abernethy. ///fictional,landlords,waving	Pitmedden MTB trails In and out, round and about on mountain bike (MTB) trails and forest roads, ranging from the west side of Pitmedden forest to Seven Gates, plus an optional loop (6 miles if omitted). The going is mostly firm to hard, with a few steepish but short down sections. Concentration needed on the MTB trails, hence the B grade.