

# Walk Suggestion

## Preamble

1. If you can send me a GPX track of the walk, I will generate the *Stats*.
2. Unless you use a navigation device or app, the only way to calculate *Ascent* is to draw your route on a map, then add up the elevation gains of all the sections of the route that cross a rising sequence of contour lines -- a slow and fiddly process. So I have added the alternative *Duration*. This means a reasonable estimate of the walking time, excluding any significant stops or deviations, and can be fairly easily measured on a recce.
3. I have asked for a *Grade* in respect of *terrain* only, as detailed in the attached *Grading Guidelines*. I will generate an overall grade from this and the other stats.

## Name of walk

### Start

- Time
- Additional useful info (eg: parking, public transport)

### Stats

- Distance (miles or kilometers)
- Ascent (feet or metres) **OR** Duration (hrs:mins)

### Description

- Relevant & useful information. Please keep it tight, not an essay 🙄.
- Terrain Grade

### Leader availability

- Only these days
- Not these days
- Preferred days

### Leader info

- Name
- Telephone (preferably mobile)

Return to:

Mike Livesey

netteville@gmail.com